



Vida Health & Wellness is founded on the principles of patient-centered and evidence-based health care. Though it is easy to make that claim, we have truly embraced the challenge of making it a reality. We make health care accessible by offering evening appointments, online booking, transit access, and direct billing. Within every visit, we work to understand the complexities of each person's physical, mental, and social wellbeing. It is this understanding that gains our patients' trust and leads to evidence-based interventions and desired outcomes. By joining our team, you will be a part of an innovative and growing clinical practice.

Your Role at Vida

We are looking for a part time (2-3 days/week) physiotherapist who will:

- Assess and treat people of all ages. Specific focus areas include:
 - Peripartum care
 - Chronic pelvic pain
 - Pelvic organ prolapse
 - Perimenopausal care
 - Connective tissue disorders (e.g. Ehlers Danlos Syndrome)
 - Chronic or complex neuromusculoskeletal care
- Use evidence-based principles for pain, pelvic health, and orthopaedics
- Collaborate with the occupational therapist and other health team members to provide comprehensive care
- Promote and educate the public on the role of physiotherapy in pelvic health, movement, and function

What You Bring

- A minimum of two years of pelvic health experience and a strong background in orthopaedics and chronic pain
- Expertise in men's or paediatric pelvic health, pessary fittings, dry needling, or taping/bracing is an asset
- Evening or weekend availability is preferred
- Current physiotherapy license, CPR, first aid, and police background check
- An ability to work independently with minimal supervision
- Excellent written and verbal communication skills
- Innovative thinking and creative problem solving
- A passion for better health care

What We Bring

- A growing interdisciplinary practice in a central location
- Hour-long assessments and 45 minute treatments, 1:1 and private rooms
- Competitive compensation, including continuing education funds
- Opportunities for training and mentorship in breastfeeding support
- A passion for better health care

Ready to apply? Send your cover letter and resume to mercedes@vidahealth.ca